

ATTACHMENT Coalition of Michigan

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Healing Trauma and Strengthening Adoptive Relationships

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Lisa Inoue

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Lisa Inoue began her career in the field of medical social work, working with patients and their families around issues connected with chronic and terminal illness, death and bereavement.

Lisa then moved in the direction of working with families transitioning out of homelessness. These families were frequently involved in the child welfare system and this was where Lisa became moved to learn and utilize different approaches to help these very challenged families in changing their relationships with their children.

Currently, Lisa maintains a practice specializing in the treatment of adults and children with issues related to interpersonal trauma and disrupted attachment. In addition, she enjoys working individually with parents to develop increased parental self-reflection and more effective parenting strategies. Lisa integrates a variety of approaches including Dyadic Developmental Psychotherapy (DDP), EMDR and mindfulness practices. She is a certified practitioner in both DDP and EMDR.

In addition to her work with children, families and adults, Lisa co-facilitates Mindful Parenting workshops to assist parents in parenting with greater self-compassion, awareness and intentionality.

Lisa holds her Master of Social Work Degree from New York University and is a member of the National Association of Social Workers, the EMDR International Association, the Dyadic Developmental Therapy Institute and the International Society for the Study of Trauma and Dissociation.