

## ATTACHMENT Coalition of Michigan

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Healing Trauma and Strengthening Adoptive Relationships

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**Linda Lhost-Catal, Ph.D., L.L.P., LMSW**  
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Linda has been a practicing clinician for over thirty years. She began her clinical career with the Department of Social Services in Milwaukee Wisconsin, preparing children for adoptive placement. She then worked with children in the public schools, first as a school social worker and then as a school psychologist. Within the schools, she has conducted numerous psycho-educational evaluations and served as coordinator for the Multidisciplinary Evaluation Team and Individual Education Planning Team. Along with her work in the schools, Linda has maintained a private practice for over twenty-five years. She has treated both children and adults. She coordinated a diagnostic and treatment program for Attention Deficit Hyperactivity Disorder. She has conducted research in autobiographical memory, and is published in the Journal of Memory and Cognition (May, 2004). Her research was presented at the International Society for Memory and Cognition in Boulder Colorado and Ontario, Canada.

Educationally, Linda holds a Doctor of Philosophy in Clinical Psychology, a Specialist in School Psychology, and a Masters in Social Work. In addition to formal education, she has attended continuing education courses and training seminars on Child Development, Child Neuropsychology, Neuropsychological Assessment, Neurofeedback, Adolescent Substance Abuse, Autism Spectrum Disorders, Dyslexia, Fetal Alcohol Disorder, Depression and Mood Disorders, Anxiety Disorders, Behavioral Disorders in Children, Attention Deficit Hyperactivity Disorder, and Child and Family Therapy. She is trained in both cognitive-behavioral therapy and psychoanalytic, psychodynamic therapy. She has attended training in Reactive Attachment Disorder, including an intensive workshop with Dr. Daniel Hughes.

Linda works with the clinical therapists from the ATTACHMENT Coalition to provide psychological assessments to assist with diagnosis and treatment planning. Comprehensive assessments include cognitive, memory, perceptual-motor, academic, language, attention, and personality testing. She also provides issue-specific testing to address therapeutic concerns, such as, assessment of children's attachment style and potential. She has expanded her practice to include Neurofeedback Treatment. Linda uses her knowledge and experience as a school psychologist to provide educational consultations to therapists and adoptive parents.