

Attachment COALITION of Michigan
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Healing Trauma and Strengthening Adoptive Relationships

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Linda has a Masters Degree in Clinical Psychology. Treating children and their families is her passion as evidenced by her earning a post-graduate certificate in Infant Mental Health from Wayne State University. The overarching goal of infant mental health is to help the child develop a greater resilience by building a positive, healthy relationship between parent and child.

Linda's treatment approach honors the parent-child relationship. Therefore, her primary aim of therapy is an attachment-focused approach. Linda studied and trained with Daniel Hughes, PhD. As a result, she utilizes Dyadic Developmental Psychotherapy (DDP). DDP capitalizes on Dr. Hughes' key components of playfulness, love, acceptance, curiosity and empathy - P.L.A.C.E. Linda also provides support for the parents during this process.

Linda has been diligent in augmenting her formal education and post-graduate trainings through continuous education in child abuse, child neglect, trauma and unresolved grief. She continually trains in cutting edge treatments from leaders in the field of trauma. As a result, Linda is trained in Eye Movement Desensitization and Reprocessing (EMDR) and Mindfulness, using these treatment approaches adjunctively with DDP.

Linda is a clinical member of the Association for Treatment and Training in the Attachment of Children (ATTACH), a national organization, as well as an active member of the ATTACHMENT Coalition